

## **Information**

We welcome all to the third annual Castlegregory Walking Festival, whether you are a seasoned walker or just beginning. You do not need to belong to a walking club to take part! Children under 18 must be accompanied by a parent or guardian.

**It is important that you choose the walk most suited to your level of fitness and experience.** If you decide to undertake one of the high mountain walks and you are not fit enough to do so you may risk not only your own safety but that of fellow walkers and those who may have to rescue you.

**Dogs are not permitted.**

## **Protective Clothing**

Walkers on the mountain routes should carry the following:

- rucksack
- walking boots are a must.
- waterproof coat, leggings and gaiters - expect wet and boggy terrain.
- spare clothing
- hat and gloves
- snacks - take into account the walk duration
- at least one litre of water.

**FOR SAFETY REASONS PLEASE ENSURE THAT YOU CHECK IN WITH THE WALK LEADER AT THE END OF YOUR WALK.**

## **Transport**

Transport is provided to the start and from the end of each walk. Start times/bus departs from the entrance to the Castlegregory Secondary School

Difficult 9am - Moderate 9.30am - Easy 10am

## **Registration**

**To register visit:** [www.dinglehillwalkingclub.com/home](http://www.dinglehillwalkingclub.com/home) page

Weekend cost of walks (includes 2 walks) - €20 (non refundable) including transport to the starting and finishing points. There is a €10 supplement for Saturday am registration.

Cheques should be payable to **Cumann Sléibhteoireachta Chorca Dhuibhne** and posted with this form to:

Jimmy O'Connor, Secretary Dingle Hillwalking Club  
Coolroe, Castlegregory, Co Kerry.

All walkers are requested to confirm their attendance at the Community Centre (next to Spar) from 7-9pm on Friday 27 September. Late registrations will also be accepted then.

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## **Further Contact Details:**

### **Tourist information**

Castlegregory Information Office. Office Hours: 9am-5pm Monday-Friday

Tel No: 066 7139422 or e-mail: [info@dinglehillwalkingclub.com](mailto:info@dinglehillwalkingclub.com)

Information number during festival weekend only 086 057 8769

### **Accommodation**

A list of accommodation providers is available on [www.dinglehillwalkingclub.com](http://www.dinglehillwalkingclub.com) home page. Follow the links to 'where to stay'

Further accommodation information is available from: Castlegregory Information Office. (see Telephone No above)

## **Follow the "Leave No Trace Principles"**

- ✓ Enjoy the countryside and respect its life and work.
- ✓ Fasten all gates.
- ✓ Keep to public paths across farmland.
- ✓ Use gates and stiles to cross fences, hedges and walls.
- ✓ Leave livestock, crops and machinery alone.
- ✓ Take your litter home.
- ✓ Help to keep all water clean.
- ✓ Protect wildlife, plants and trees.
- ✓ Take special care on country roads. Make no unnecessary noise.
- ✓ Enjoy the walk, it is not a race and take in the magnificent views. Please respect the leader's decisions. The organisers or walk leaders reserve the right to cancel or alter any route or aspect of the festival.